



Lift Up Her Light

31st January

Brighid Vigil Days - 1st to 20th February

Ritual Working for Imbolc Eve – 31st January

As well as honouring Brighid in all her forms on the eve of Her Vigil Days, the additional intention for this is to help the national psyche of Britain re-member, to put back together, in a form of soul retrieval, itself. This re-remembering will restore the connections to the spiritual roots, to its ancient Divine Mother, severed by the Roman Conquest woundings. This uprooting from the sacred in this way caused so much damage spiritually, that the eventual rampage and revenge of a wounded nation had long term devastating global impact. It is time to "sound the soul song".

As with all soul songs the vibration carries not only the reminding of how bright the soul shines and its true life path, but the asking for forgiveness if it has lost its way and caused harm, and the forgiving itself. This song is intended to heal the psyche and bring a nation home to its wise, spiritually connected and humble roots. It's time to bring it back to the small and the sacred, and invite it to find pride in the land itself, to remember its true part in planetary service, and to remember whose name it carries in the great unfolding.

Just one of the anchored threads for the initial event is for the heart of Albion to indeed know it is a green and pleasant land, but that the Emerald Isle shines most brightly. In the Lifting Up of Her Light, we acknowledge the source and sanctuary of the Cosmic Brighid ray as it beams down into the planet and radiates outward from Ireland.

For those overseas Lifting Up Her Light and honouring Brighid, please we welcome your part in this additional focus. Your voice as the tribe surrounding Britain can also sing the soul song and call it home to itself.

Where it is happening

With this additional guided intention in mind, a pilgrimage route that will include meditation, prayers and blessings will go via the Boudicca Rebellion and London Bridge, before entering St Brides, for prayers and evening silence. The time of silence in St Bride's is 5pm to 6pm. We shall then go by water from Blackfriars to Westminster to complete by 7pm, in time to hold in heart the Brigid's Eve Ritual in Kildare starting at 7:20pm.

The invitation is for you to join from wherever you are in in these British Isles or overseas. She is asking for as many places as can be to have a Flame lit to her and the song sung as a somewhat coordinated event. There are many Brighid sites in these isles, the list in the event is not complete.

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Please try and reach one of this if possible, or go to your own, and yes the back garden is also fine. There is a duality to most of the places listed in the event itself, even a short pilgrimage between the two. Some contain a natural body of water, holy well or spring, and a hill connected with fire or beacon, or a Brighid connected chapel or church. Even if you are not near one of the "named" locations there will probably come to mind a way of connecting with these two features in your own landscape, and indeed own country.

If you find yourself within reaching distance of one of these places, please journey and do the ritual there. If you feel to time it between 5pm and 7pm on 31st January then even better.

The Intention

Please know that this is done, and is to be done, without any political or religious thought in mind. Yes, the timing of British events is significant. This particular Working is part of a specific Brighid guided land work that has gone on in Britain for over two years. We can only trust the unfolding. It is paramount at this time that we lift up her light and call upon the soul of a nation and its people to re-connect to the land and truly remember their own life, light, love and lore/law, therefore dedicate this for the Greatest and Highest Good of All.

On Thursday 30th the Working will be anchored in a significant place and time in history, that of the fall of Boudicca, and the beginning of unchallenged Roman rule.

The Ritual

You will need:

- Brighid Flame, candle or tealight
- Water in a bowl or bottle

Three ways of taking part (Each includes the Intention, the Water, and the Flame). You can light the Flame at the Intention and carry it with you lit, or if easier light it when lifting it up.

1. If doing the ritual in one place then state the intention, call Brighid to the waters and make the water offering, then complete the flame part.
2. If doing the ritual in two parts, near a body of water and then walking up a hill, state the intention first, then walk to the water and carry that part out, then to the hill and lift up Her light.
3. If you can't do the ritual near a natural body of water, then feel to state the intention, call Brighid to the waters of your water offering then pour to the land, before lifting up the Flame and singing the song.

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State the intention:

“On this day we lift up your light oh Brighid, and illumine the land. On this day we sing your name and call out to you. On this day we pour our heart’s prayer into your waters. We ask for your blessing and guidance. We seek a nation’s awakening to itself and its actions; we ask for a healing and a forgiveness to be bestowed upon its core; we pray that the peoples will remember and return to a deeper spiritual understanding. We ask that the necessary threads of the ancient ways be re-woven and re-imagined now. May the lost wisdoms that are needed in these times find their way across the woundings to the hearts and minds of the people. May your voice be heard in the ears of many and may you inspire new generations. May the fire lines of the earth sing the song of you as we indeed lift up our voices in unison. May all that follows be done for the Greatest and Highest Good of All.

When at the body of water:

The following is to be said into your own waters of the bowl or bottle before offering them into Brighid’s own waters or to the Land. In your heartmind see the energy of Her flowing into the waters and activating the land. Know that your water offering now flows with many others in Her name.

The I AM of Brighid

I am the fair maid and the gentle melt of snow

I am the spring bride and the black rod’s cessation

I am the swan queen and the swift river flow

I am the new green shoot and the cow’s sweet libation

I am the shining one and midwife of soul

I am the liminal shore, oystercatcher’s sun

I am the pilgrim’s lantern and way shown

I am the hearts yearning and ninth wave invitation

I am the flame, the blaze and the ember glow

I am the white wand and the fired imagination

I am the cunning that the serpent tongues know

I am the bard’s muse and the wind’s incantation

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I am the forge and the mighty hammer blow

I am the healing balm and fiery purification

I am the warming light that seeks out each shadow

I am the truthful quill and its communication

I am the cosmic crown and the greening below

I am the call of the land beneath a nation

I am the hearth fire well-come to all as friend not foe

I am the kith and kin, the return and salvation

When upon the high place:

Take the Flame. Sing the song three times. Lift up the light. Turn full circle and see Her light shining out across the land illuminating the hearts and minds of all. See, in your mind's eye, the many other Brigid Flames lit across the land, across the world. Sense Her presence and Her return.

This song/chant was given by Her. It is the simple sounding of Her name. Please listen to the audio for the tune. The first three names, "Brig Britaine Britannia" call to the soul of a nation, to catch its attention. The next three hold the intention of the linking across the severing and wounds, "Brigantia Brigid Brigg". The next three call to Brigid herself at the level of the forge, hearth and temple, "Brigid Brid Breed". The final names offer Her our deep honour and reverence, recognising Her most ancient form, as Sovereignty, our Queen and Mother in the Land, the Great Cosmic She Herself. As you sing, see the fire lines of the earth singing her song with you, awaiting Her return to the Land and its People, this Imbolc.

Brit (Brit) **Britaine** (Brit ay n) **Britannia** (Brit annia)

Brigantia (Brig ant ya) **Brigid** (Brij id **Brig** (Brigg)

Brigid (Brigg id

Brid (Bri id)

Breed (Br eee d)

Bree

Bree-Ma

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To finish:

Stamp your feet three times to the ground, (for those of you with Cross of Reeds - Brighid Path Essence, add three drops to the ground before stamping) Each time knowing that the Work done anchors to that which has been driven as a nail, hammered three times, into Time and Place to call in the healing and reparation needed. See the fire lines of the land carrying the Working to that iron point.

With the three stamps say, shout even, **“Remember. Return. Rejoice”**

Lift up the light once more. Face the West, (if in Britain). Say thank you to the Emerald Isle, acknowledging that She shines most brightly from Her sanctuary there.

It is done. Make your own Brighid prayers, sing your songs, tend your altar and kindle Her Flame. Don't forget to put out a piece of cloth for Brighid to bless as she passes through the land this night.

May the Bright Blessings of Brighid be with you and yours this Imbolc

The Vigil Days – 1st to 20th February

The song/chant can be used many many times during the course of Her vigil days, perhaps as you light Her Flame each day; before a time of contemplation or creativity. The song can be sung as a way for creating your own healing and connection to her in her most ancient and primal form. Visualise as you sing that your own spiritual threads of understanding connect to those of the ancients and the of the Land itself, crossing, or “bridging”, the gap created by old political and religious woundings. The song is also one of reverence, honour and celebration. So sing her praise. Sing her name. Remember. Return. Rejoice.

The “I Am of Brighid” can be used as an invocation, calling her to you, seeking better understanding, guidance and inspiration of what She means to you personally. This too could be used as a way of connecting to Her before sitting in meditation and communion as a daily practice.

I will also be offering a triple flame meditation and protection visualisation that was given to me by Her on the first Pilgrimage and I have used nigh on daily ever since. I shall offer this with step by step instructions, building up over the course of the twenty days. So either follow me on Instagram or Facebook, or join the “Keepers of the Flame – The Pilgrimage” group on Facebook. You can also become a patron via Patreon, and support my ongoing work, and gain some deeper insights, benefit from the Brighid Path Readings, and get snippets from behind the scenes there.

Blessed be Brighid. May we be blessed of Brighid.